

# Spring Retreat

March 13 - 15  
Scottsdale, Arizona

## FRIDAY 13, 2026

---

- |           |  |
|-----------|--|
| Afternoon | <ul style="list-style-type: none"><li>• Guest Check-in</li><li>• Hoda's Welcome</li><li>• Intention Setting Workshop</li></ul> |
| Evening   | <ul style="list-style-type: none"><li>• Opening Dinner</li><li>• Fireside Acoustic Set</li></ul>                               |

## SATURDAY 14, 2026

---

- |           |  |
|-----------|--|
| Morning   | <ul style="list-style-type: none"><li>• Sunrise Movement</li><li>• Breakfast with Guest Speaker</li><li>• Keynote with an Inspiring Name in Wellness</li><li>• Reset Workshops (Think: Breathwork and Guided Meditation)</li></ul> |
| Afternoon | <ul style="list-style-type: none"><li>• Lunch with Guest Speaker</li><li>• Inspiring Fireside Chat</li><li>• Free Time &amp; Reset Workshops</li></ul>   |
| Evening   | <ul style="list-style-type: none"><li>• Cocktail Reception</li><li>• Dinner Under the Stars</li><li>• Dance Party</li></ul>  |

## SUNDAY 15, 2026

---

- |         |   |
|---------|---|
| Morning | <ul style="list-style-type: none"><li>• Brunch with Guest Speaker</li><li>• Reflection &amp; Reset Ceremony</li><li>• Hoda's Closing Circle</li><li>• Guest Check-Out</li></ul> |
|---------|---|